

Chinese Kenpo Black Belt Scenarios
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Scenario # 1—Dorm Room:

I'm sleeping in bed and I wake up with someone on top of me. I can't move my feet, but I'm able to move my arms so I take my thumbs and gouge them into each of his eyes. By using Hands of Death I've not only inflicted pain and possibly blinded him, but I'm also capable of maneuvering him. I also try to find a weapon, anything that is close by that I can use to injure my attacker with (i.e. alarm clock, pencil, pen, etc...) This way I am able to flip him over, off of me, and hard onto the floor. From here I am free to scoop stomp, kick him in the throat, kick him in the groin, and numerous other options. Next I bang on the wall three times using a preplanned code and I scream the word "fire" to grasp the attention of the people in the dorm next to me, so they can come and help and then I have people to help me call for help as well and capture my attacker.

Scenario # 2—Walking Back To My Dorm (from a class,the gym, etc...)

I'm walking at night and I'm coming back from a basketball game at the Dome. The crowd disperses and I don't know where my friends have gone, so I'm just going back to my room alone. I'm walking and someone jumps out of the bushes from behind me and surprises me for a second. They have a knife with them and they have wrapped their knife hand(Right hand) around my neck. So I take my right hand and knock his elbow/arm from the side so that the knife moves away from my throat. I am then able to spin under him and twist his arm by spinning and therefore gaining control. While pinning down the knife hand behind his back with one hand I use the other to grab hold of his head and I smash his head into my knee, Numerous times. From there I can take the knife from his hand, take up my belongings because I don't want to leave any form of identification for my attacker to take and then I run to find help. What is important about the move I use on my attacker in this scenario is that I have combined two black belt techniques together.

Scenario # 3—I'm out on the town and I am leaving a restaurant. Suddenly I feel a gun pointed to my back. I throw my stuff on the ground spin in toward my opponent with my left hand leading and grab my attacker's hand with both hands to twist his gun hand around his back. Keeping tight to my opponent I am then able to let go with one hand, take their head, and smash it into my knee. Thus completely disabling him from trying to hurt me any further. From this point I am able to take the gun, gather my belongings, then run away and call for help. There are two ways in which I can approach my situation after I have taken the gun. The first, I can take the gun and shoot my attacker and then run away. The second, (the one I prefer) is to take the gun and just run away after. I am not someone who is comfortable shooting another human being unless absolutely necessary, so I would prefer to make the decision to take the gun, my belongings, and then flee the scene and call for professional help.

Scenario # 4— I am at the bank at an ATM machine getting some money to go see a movie and to go out to dinner with my friends and a homeless man approaches me from behind and asks me to give him money. I tell him no and that I have no money to give him, but he is persistent and continues to ask me if I could give him some. I continue to refuse and then I realize that before the situation intensifies I can talk my way out of it. I am, at the moment, trapped between the bum and the exit from the ATM machine. While I am talking to him and telling him that I really can't give him any money I reposition myself to move past the bum, so that now I am no longer being blocked from my exit out. From here I am able to walk out the exit and not worry about having to fight him.

Scenario # 5—I am in my dorm room because I'm not feeling well, but everyone else in my dorm hall is in class at the moment, including my roommate. Suddenly I hear a knock on my door and I don't have a peep-hole to allow me to see who is on the other side, so I ask: "Who is it?" and the person on the other side responds that it is maintenance and that they were sent to this room to check out a problem. I realize that I never called maintenance and I am unaware if my roommate has or has not. So I don't answer the door and tell the person on the other side to come back some other time because right now will not work out. I have the number to security already prepared and I use my cell phone to contact them and tell them that I'm worried about opening the door because I'm not sure who it is even though they claim to be maintenance. As I call I take one of the chairs in the room (without wheels) and prop it under the door handle to work as a block in case the "maintenance man" tries to enter anyway. If my attacker does manage to intrude then I will have a cricket bat in our room ready to use. I'd wait behind the door so that when the attacker enters I will already be behind him. I will also have a small can of pepper spray in my hand prepared to use against him. If those things fail then my last option is to physically fight for my life to defend myself from whatever way he may try to harm me. There are numerous ways to defend myself especially when considering distance theory. I could kick him if he's farther away. If he comes closer then double whipping side fists will suffice. And if he's up close and personal then I can elbow or if he grabs me I can use any Covering Talon move (A,B, or C). From here I can run out of my room and escape my attacker and find help or hopefully have security right there to help me.